



The Office for Police and Crime Commissioner for Humberside is funding the delivery of interactive lessons delivered by the Not In Our Community initiative on a range of topics relating to grooming leading to child sexual exploitation, and child criminal exploitation, including County Lines.

Not In Our Community is a Humber-wide initiative and has since 2014 created short films and other forms of engagement co-produced with young people and professionals from the local area.

Not In Our Community's Youth Engagement Lead has 18+ years' experience in teaching, including RSE. She can be flexible in what is provided within schools, though for example, can provide:

1. Whole class/school education from years 6 to 11 covering general awareness and specific education on issues such as online grooming, child sexual exploitation, and child criminal exploitation (including County Lines), or
2. Targeted workshops with children and young people identified as being at risk and with the possibility of creating media/messages that add to the Not In Our Community resources.

This is supported by print items for display around school, as well as information and branded items that can be taken away and used by pupils and parents.

In addition to what can be delivered directly, Not In Our Community can offer access to further teaching resources and an e-learning platform produced in, and tailored for, users in the Humberside Police Force area. You can check out Not In Our Community at www.notinourcommunity.org

The allocation of time within schools is funded with a limited amount of availability and must be delivered before the end of September 2022. To express interest or for more information please contact John Gilbert on john@eski.media

Transition information

Please find below some links to useful resources for young people transitioning to their new schools or new year groups in September:

- <https://www.annafreud.org/on-my-mind/self-care/> - Loads of activities about Young people helping themselves with self-care activities
- <https://www.annafreud.org/schools-and-colleges/resources/supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/> - Downloadable guidance for supporting children transition to secondary school
- <https://www.bbc.co.uk/bitesize/tags/zh4wy9q/starting-secondary-school/1> - Resources on starting a new school , making new friends, myths about secondary school, secondary school slang there is info for parents as well as YP like how to emotionally prepare YP
- <https://www.youngminds.org.uk/media/151j4yqc/pupil-resource.pdf> - find your feet pupil resource
- <https://www.youngminds.org.uk/media/xcjh5dqf/fyf-teacher-resource-year-6.pdf> - Activities for Year 6
- <https://www.youngminds.org.uk/professional/resources/supporting-school-transitions/> - overall guidance to supporting school transitions
- <https://www.healthforteens.co.uk/growing-up/starting-a-new-school/> - the link also says to talk to the school nurse which is good
- <https://www.kooth.com/> - online mental wellbeing community
- <https://www.familylives.org.uk/browse/55426/school,choosing-starting-and-moving-school> – lots of info starting secondary school, changing primary, moving school, back to school blues
- Compass go <https://www.compass-uk.org/services/north-east-lincolnshire-mhst/>
- schoolnursingadvice@nelincs.gov.uk
- Chathealth – 07507331620

10 minute shake up is back!

Thanks to **Disney's Encanto** and **Frozen**, **Disney and Pixar's Lightyear**, and **Marvel's The Avengers**, your pupils can have another super powered summer getting active with some of their favourite characters!

Shake Up your classroom this summer!



Simply download our new **Shake Up Toolkit** and enjoy our fun and flexible bite-sized activities. The toolkit is linked to the **Relationships Education and Health Education curriculum** and uses the power of storytelling to inspire pupils to get active.

So whether they want to learn to defend like Black Panther or move like Elsa - download our toolkit today to get started.

[Download now](#)

Send the Shake Up home to families



With the summer holidays fast approaching, our 10 Minute Shake Up activities are the perfect way to help pupils get the recommended level of daily physical activity at home (at least 60 minutes per day).¹

Our **Sharing with families toolkit** contains materials to help spread the word to parents and carers to continue to Shake Up over the summer holidays.

Don't forget to send your pupils home with a take-home Shake Up games pack! We've sent you a class set but you can **order more** to send all pupils home with one.

[Explore family materials](#)

Upcoming dates

This year's theme is...

All to play for

- building play opportunities for *all* children

03

Wednesday
August 2022



#Playday2022

#AllToPlayFor

Playday is the national day for play, celebrated each year across the UK on the first Wednesday in August. Playday 2022 will be celebrated on **Wednesday 3 August**.

We are delighted to announce that the theme for this year's Playday is ...

All to play for - building play opportunities for *all* children.

This year's theme aims to highlight that play is for everyone. Play happens everywhere, every day, and is the right of every child and young person. Playday encourages families, communities, and organisations large and small, to consider how they can build better opportunities for all children to play. Following the challenges children and young people have faced over the past two years due to the Covid-19 pandemic, play is more important than ever.

- **Play** is essential for children and young people's physical and mental health.
- **Play** allows children and young people to make friends, develop relationships, and have fun together.
- **Play** enables children and young people to feel connected to their communities, leading to happier communities for all.
- **Play** has an important role in helping children and young people cope with stress and anxiety, deal with challenges, and make sense of what's happening around them.

We're calling for more play, better play, every day!

After two years of restrictions across the UK, we are looking forward to hearing about the exciting ways you plan to celebrate Playday this year.

For the latest updates on this year's campaign follow us on [Facebook](#) and our new [Twitter](#) account and share your plans with us using the hashtags #Playday2022 and #AllToPlayFor.

[Find out more about Playday.](#)



Training Dates

July

[Bereavement: What is normal?](#)

Online Microsoft Teams
Various dates: May to July 2022

[Whole School SEND training](#)

Please see link above for courses, dates and booking instructions.